

EVERY MOMENT HAS POTENTIAL

Person Centred Active Support Greystanes Disability Services



www.activesupportresource.net.au

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Greystanes
DISABILITY SERVICES



supporting people's abilities

Greystanes

Who we are and what we do



Greystanes Disability Services supports people with disabilities who require high levels of support.

We are committed to person centred service delivery and we aim to support people to be fully engaged in meaningful activities and relationships, to be socially included and to have control over their own lives.



Imagine.....



- That you have no opportunity to make choices
- Feeling disengaged
- Waiting for something to happen

What is Person Centred Active Support?



It is a way of providing just the right amount of support to enable a person with a physical or intellectual disability to successfully take part in meaningful activities and social relationships.

Our partnership with La Trobe



Living the good life

Embedding Active Support and Practice Leadership
Study



Embedding Active support



The strategic aim of implementing the framework was to create a person centred culture throughout the entire organisation.

The process



- Restructure
- Policies and Procedures and Position Descriptions
- Mentoring and Coaching
- Training
- Recruitment
- Team meetings

The Study



What is involved...

- Meaningful activities
- Assistance and contact that the people they supported received
- Completion of the active support measure
- Measure of practice leadership.

The Findings



Two years after Active Support was implemented the second observation revealed distinct improvements. The report states that.....

supporting people's abilities

Every Moment Has Potential



In 2015 Greystanes launched its Person Centred Active Support online learning resource “Every moment has potential” developed in conjunction with La Trobe based on the research of Dr Julie Beadle-Brown and Professor Jim Mansell.

www.activesupportresource.net.au

This resource introduces you to the key elements of Active Support and the skills you need to practice it.

The Five Modules



Module 1: Introduction

Module 2: Values for Best Practice

Module 3: The Four Essentials

Module 4: Putting It Into Practice

Module 5: Organisational support



The Four Essentials



- **Every Moment Has Potential**
- **Little and Often**
- **Graded Assistance to Ensure Success**
- **Maximising Choice and Control**

Person Centred Active Support



- Enables people
- Increases quality of life
- Far Less disengagement of the people that we support.
- A decrease in behaviours of concern.
- Greater staff satisfaction in their work.
- The sharing of stories and photos and moments of potential.

Imagine



- Having a good life.....
- People engaging with you.....
- Having choice and control....
- What would it look like.....

Would it look like this?

