Research to practice: practice to research: what it takes

Presented by:
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Veranto Seniors Lifestyle Options

• Overall program design and specific individual support aim for each participant

• How VSLO is organised:
  – Operating principles
  – How is all works
    • Individual assessment and planning
    • Weekly plan of activities for each person
    • Key worker and team leader monitor
    • Daily staff record: learning logs and progress notes
    • Weekly, fortnightly, monthly and six monthly reviews

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Findings: program strengths

- **Range of activities** based on participant interest and preferences
- **Opportunities** for participants to:
  - Change on any given day and over time.
  - Pursue an interest or theme (such as music whereby concerts, listening to music and choirs could occur throughout the week) rather than being restricted by a set program.
  - Be supported from home, eliminating going to a centre and then community.
- **Option of un/ semi structured time** at the Cottage based on circumstances, health, mood, or preferences on any day.
- **Different approaches** to support for different people.
- The **extent of local community involvement**.
- The **processes introduced to assist staff to change** and become more person centred.

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Questions??

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