

Teaching Residents to teach other residents

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Background information

- Deinstitutionalisation and normalisation
- Meaningful skills and activities
- Job skills
- Training literature

Who was involved

- 2 residents with mild-moderate ID taught 4 people with moderate-severe ID
- Verbal skills
- Imitation
- Rule following
- Compliance
- Attended the day programme for 3-5 days a week

Activities

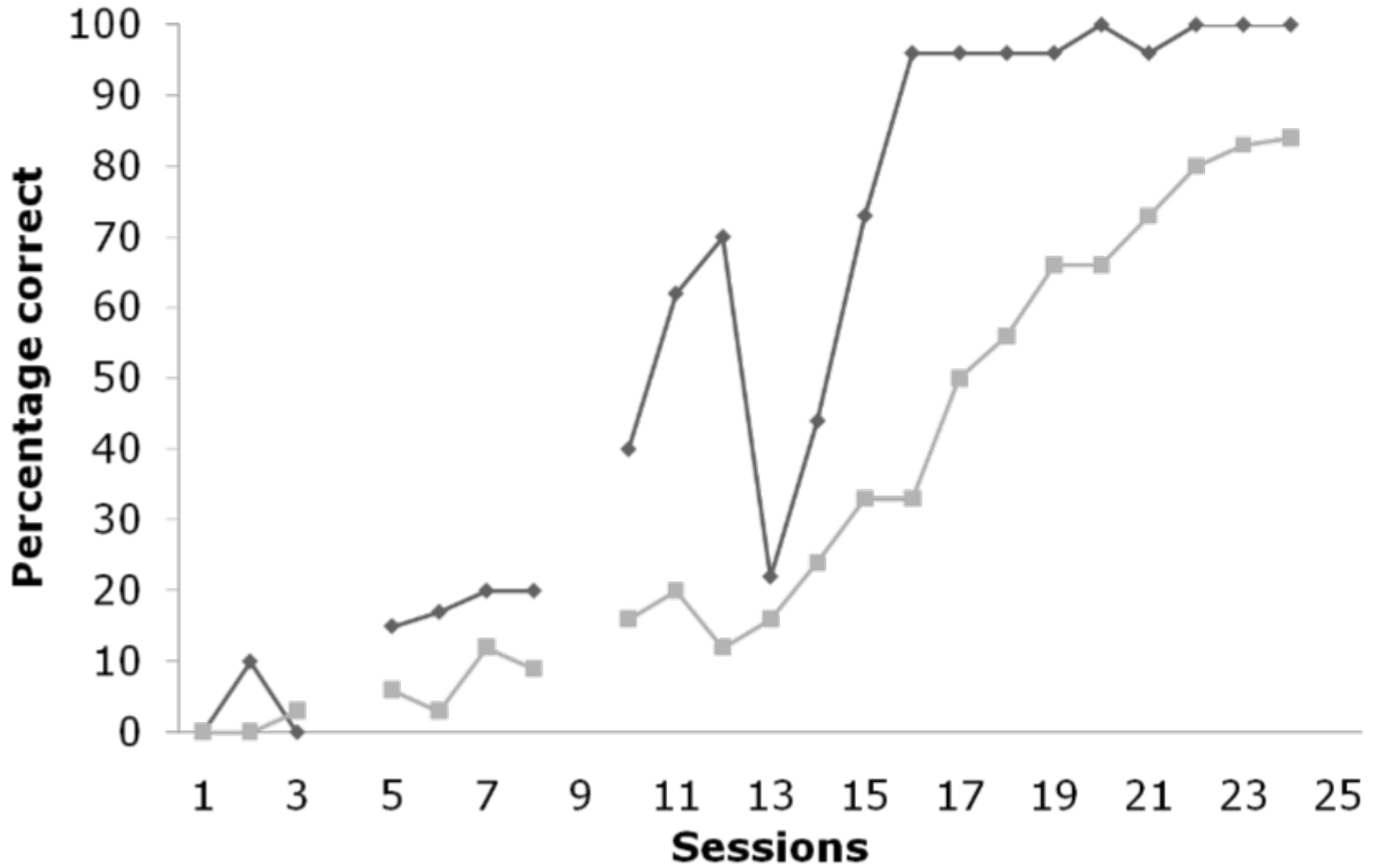
- Going on the computer for a game
- Getting morning tea started
- Doing a visual schedule

What we did

- Broke each task down into steps
- Taught the trainer residents to give praise
- Worked out what steps the trainee residents could complete by themselves
- Taught the trainer residents how to provide least to most prompts
 - Wait- point- wait- tap- wait- move
 - Error correction

Measures

- Change in the both lots of residents' behaviour
 - How accurate were the trainers?
 - Percentage of steps prompted correctly, praise and feedback given
 - Did the trainee's improve?
 - Percentage of steps done independently
- Training acceptability
- Outcome acceptability



Factors that contribute to success

- Trainer residents:
 - rule following
 - independent in the activity
- Trainer and Trainee residents:
 - Imitation skills
- Trainee residents:
 - compliance
 - With task and prompting
- Preferred activities
- A good relationship between residents
- Plan for generalisation

Factors that may impede success

- Trying to do too much at one time
 - Break task into smaller steps
- The staff trainers ability to be able to give correct prompts
- Giving feedback
- Still reliance on staff praise
- Trainer residents wanting to do it themselves
- Never assume
- Ability to not give verbal prompts
 - May be easier with residents than with staff
- Difficult to train what to do if something goes wrong
- Difficult to train all the little things

Conclusion

- People with intellectual disability can be taught to teach other people with intellectual disability, and indeed people without disability.
- This is the ultimate win-win situation
 - Both parties get skills
 - Both parties are meaningfully engaged
 - Both parties are happy