



# Tara grows up

A large pink circle is positioned in the top-left corner, partially overlapping a vertical black bar that runs down the left side of the slide.

# What families told IHC

- Need help explaining puberty to their children
- An explicit video would help
- They wanted to be there with their children
- They loved Janet
- Didn't want sex education



# Funding

IHC's library and information centre is funded through fundraising

Made funding available from the fundraising budget



# Format

- Same as Janet
- Family environment
- Using everyday situations to start discussions





# Quality

- Striving for excellence
- Professional actors
- Auditions



# Messages

- This is part of growing up
- Part of being healthy
- The importance of privacy
- Who to talk to
- Other changes associated with puberty
- Where to get more information



# The result

- Resource is now complete
- Available to anyone, free



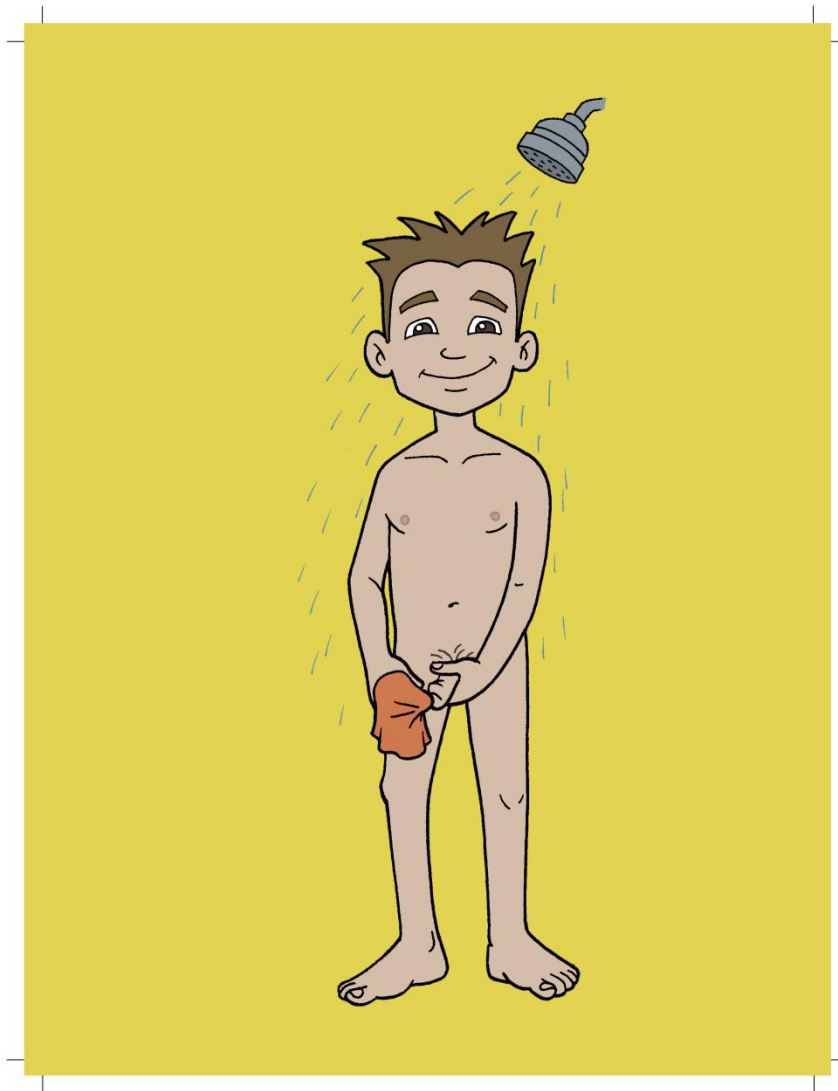
**ihc**  
IN YOUR COMMUNITY

# What next?

- Billy also grows up
- Similar format to Tara

**BILLY'S  
BODY  
BOOK**





# Want a copy?

- To get your own copy of Tara or Billy please contact

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