



Epilepsy Management Plans(EMP)-more than just a document!



Overview:

- A whole of person approach in supporting a person living with epilepsy
- Me & My Epilepsy short documentary
- Develop an Epilepsy Management Plan (EMP) with the person and their circle of support using the CLEAR model
- What should a good Epilepsy Management Plan look like
- The "One Person, One Plan" Initiative


www.epinet.org.au



The Epilepsy Foundation of Victoria’s mission is to improve the quality of life of those living with epilepsy.


Epilepsy is a common condition in our community and can develop at any age, regardless of gender, ethnic group or intellectual ability.

www.epinet.org.au

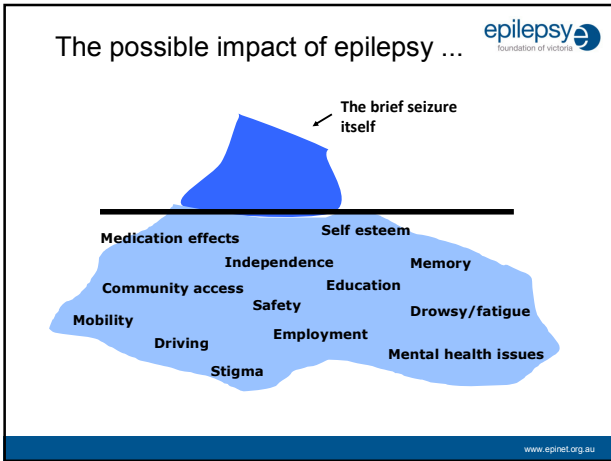


The incidence of epilepsy in those with an intellectual disability, cerebral palsy and some other disabilities is significantly greater than for the general population.

Ben receives support from local disability service providers and wants to share with you what it’s like to have epilepsy.



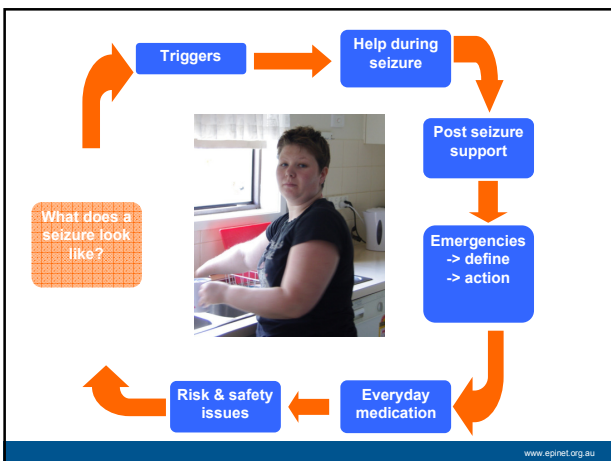
www.epinet.org.au



Developing a CLEAR Epilepsy Management Plan

- C** Clarify the doctor/neurologist's diagnosis and instructions
- L** Listen to the person
- E** Engage key people in development of plan
- A** Agree on seizure descriptions and communication/recording
- R** Develop the Right Plan

www.epinet.org.au



Convulsive Seizure First Aid

- Time seizure
- Protect head
- Move objects out of the way and make sure person is safe
- Gently turn on side
- Stay calm
- Reassure the person
- Call ambulance as per Epilepsy Management Plan or if seizure lasts more than **5 minutes**
- **Call ambulance if you have any doubt**

www.epinet.org.au

Education and Training



Understanding & Managing Epilepsy Workshop for disability support workers

Increase your understanding of epilepsy and learn strategies to help understand and support the individual using a person centred approach in 3.5 hr workshop

www.epinet.org.au



Education and Training

To organise Understanding & Managing epilepsy workshops for staff teams please contact Epilepsy Foundation of Victoria Education & Training

Peter Hoyle Education & Training Coordinator

818 Burke Rd
Camberwell 3124
98059111

phoyle@epilepsy.asn.au
www.epinet.org.au

www.epinet.org.au



Thank you.



www.epinet.org.au