



Measuring the quality of behaviour support plans for adults with intellectual disability

The reliability & utility of the
“*Behaviour Support Plan Quality Evaluation Scoring Guide*”
(BSP-QE II)

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*SUPPORTING people
without boundaries*

What is the problem?

- Some people with disability exhibit behaviours of concern that pose a risk to themselves and others.
- Staff providing support need a good plan to keep people safe and promote quality of life.
- In Victoria, The Disability Services Act (2006) requires services to write behaviour support plans (BSPs) for their clients, but staff don't always know what to put in the plans.

What is the solution?

- The quality of services provided to people with disability, their behaviour and their quality of life, can be greatly effected by the quality of the BSPs that staff have made.

Good Plans:

- (1) Change the environment to better met people's needs
- (2) Teach people new skills so they don't have to use behaviours of concern, or so they can cope better when they are up-set
- (3) Reward good behaviours
- (4) Provide emergency strategies that are the *least restrictive alternative*
- (5) Avoid the use of consequences, punishment or restrictive interventions such as restraint and seclusion

We wanted to find out....

- How you should write a good behaviour support plan.
- How you would measure the quality of a behaviour support plans when it was written.
- If the behaviour support plans in Victoria were any good, and what was needed to be done to make them better.

What did we do?

- Conducted a literature review, to find out what other people had done around Australia and around the world
- Found an assessment tool to measure the quality of behaviour support plans (BSP-QEii) – see handout
- Set up a research project with the Dept. of Human Services – Office of the Senior Practitioner

THE RESEARCH PROJECT

- ❖ Randomly selected 65 BSPs
 - 42 DHS plans
 - 23 CSO plans
- ❖ Practiced using the BSP-QEii
- ❖ Reviewed each of the BSPs using the BSP-QEii
- ❖ Reviewed the results
 - Inter-rater reliability of the BSP-QEii
 - Quality of the BSPs according to the BSP-QEii criteria



INTER-RATER RELIABILITY

If different people rate the same BSP using the BSP-QEii, do they get the same results?

- After 15 plans – 77% agreement between raters
- After 35 plans – 90% agreement between raters

We recommend that people practice together on about 20 plans

We found that after some practice, it only took about 15 to 20 minutes to rate each plan accurately

How good were the different sections of the BSPs?

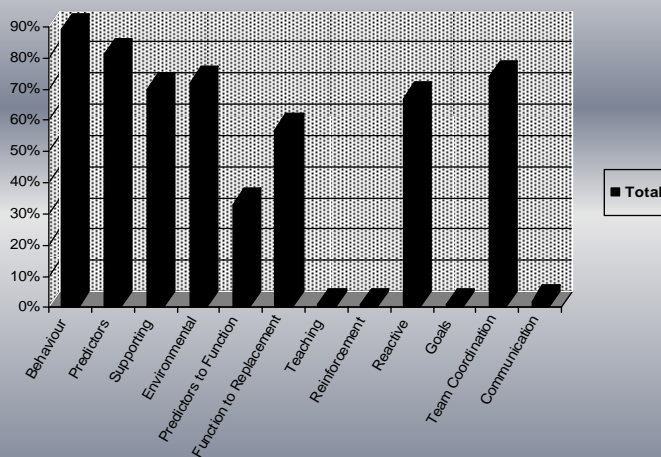
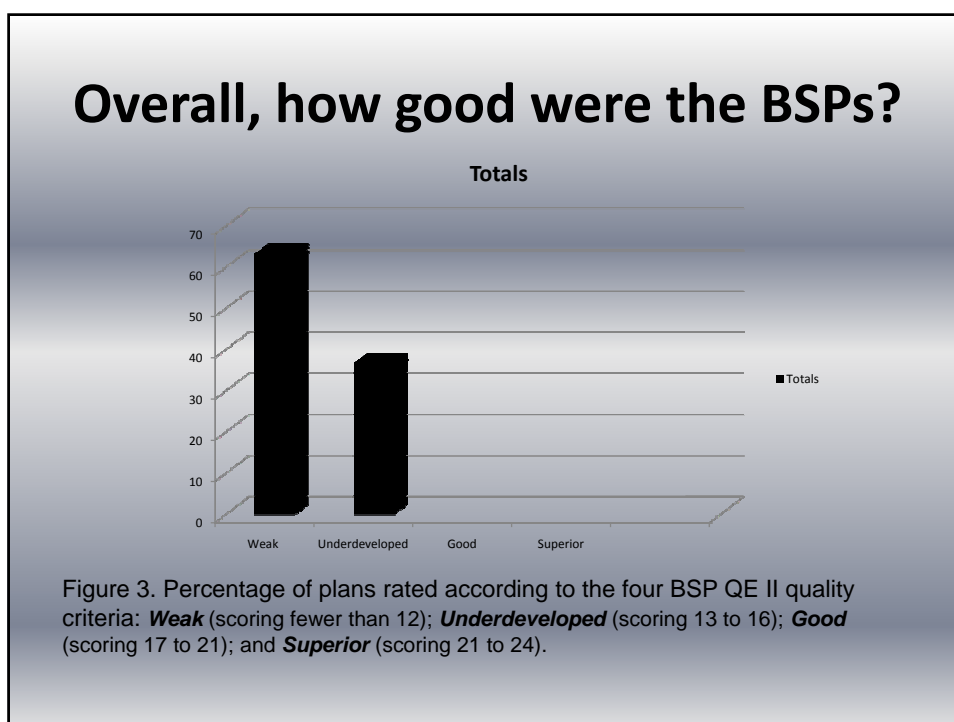
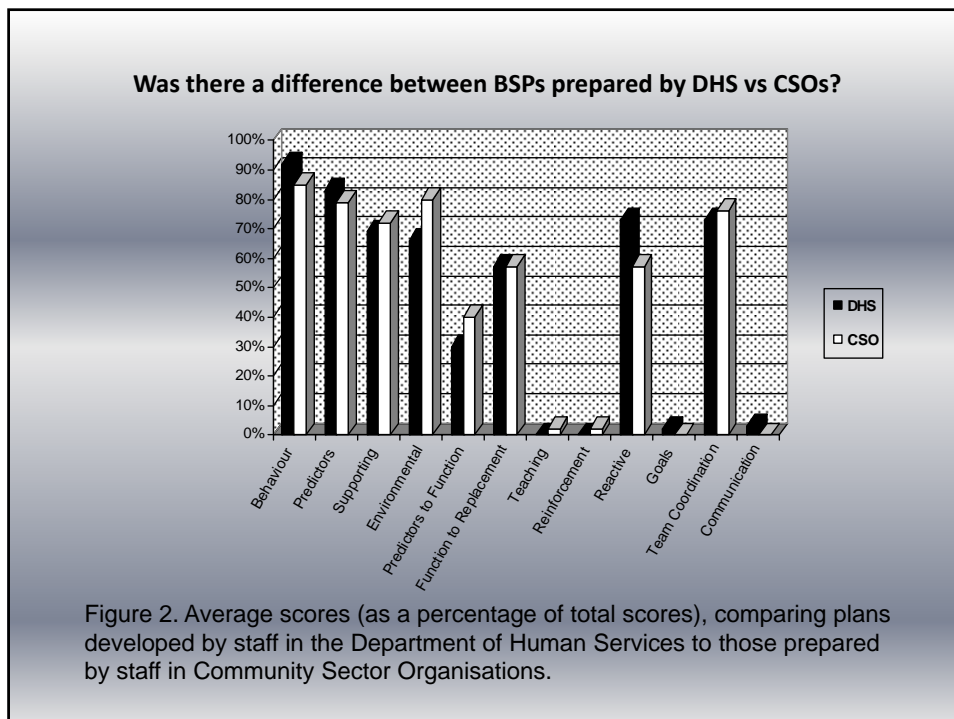
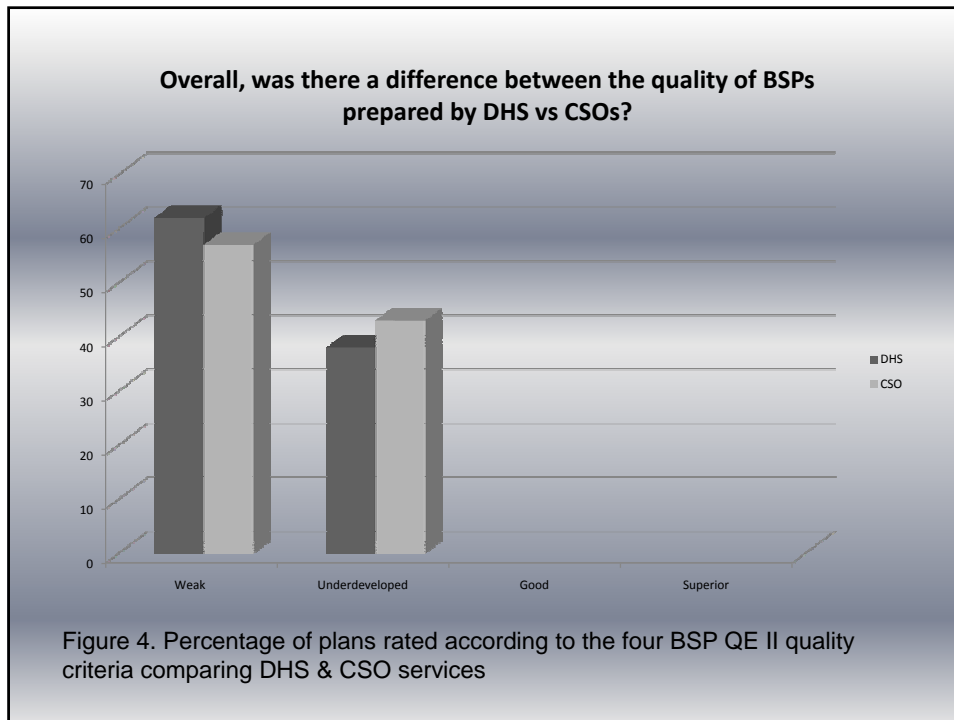


Figure 1. Average quality ratings of behaviour support plan domains, as a percentage of the total possible ratings for each domain.





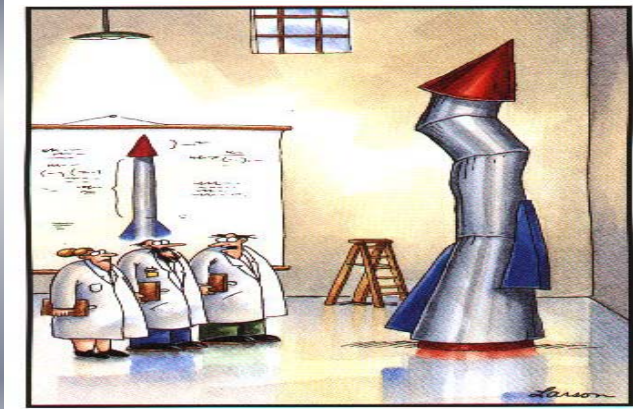
DISCUSSION

- What staff did well
- Why staff may not have scored well against some of the BSP-QE II criteria
- Recommended Changes BSP template
- Disability Act 2006
- Staff Training
- How Organisations might use the BSP-QEii;
training for DSPs, Clinicians & APOs?



IT IS ROCKET SCIENCE!!!

We need to take BSPs preparation seriously
& work on them professionally



"It's time we face reality, my friends. ...
We're not exactly rocket scientists."

