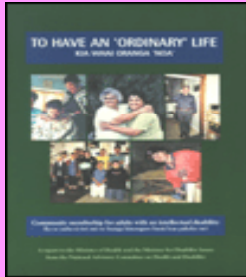


Pre-admission Assessment For People With Intellectual Disability


Dina Cole
Clinical Nurse Specialist Lead
Intellectual Disability
MidCentral Health



To Have An 'Ordinary' Life




- New Zealand Disability Strategy
- Addressing the neglect of basic health care needs
- Recommendations for improving poor health & prescribing practices




Recommendation 3c

- The systemic neglect of the health of adults with an intellectual disability be urgently addressed, by the Ministry of Health and the Minister of Disability Issues
- ...directing District Health Boards to examine access to their secondary and tertiary services for people with an intellectual disability, identify barriers and take active steps to minimise or remove them



Aim of Project

Develop a process to decrease the barriers that had been recognised in relation to people with intellectual disability [PWID] accessing planned dental surgery requiring a general anaesthetic




Planning for Project

- Perioperative Services – MidCentral Health
- Dental unit – MidCentral Health
- People First
- Manawatu Parent to Parent
- Manawatu Down Syndrome Association
- Manawatu Special Olympics
- Autism Manawatu



Process Developed

- Pre-admission form for PWID
- Plain language information leaflets
- Pre-admission assessment by CNSL ID
- Specific Needs ID Care Plan
- Communication Cards
- Makaton




Pre-admission Form for PWID

To ensure needs of the patient are identified in preparation for their hospital visit


Areas covered include:

- Specific communication needs
- Medical interventions
- Comforters
- Waiting room needs
- Language of distress




MidCentral – Language of Distress

Content	Distressed
Facial expression face, tongue/jaw, eyes	Facial expression face, tongue/jaw, eyes
Vocal signs Sounds, speech	Vocal signs Sounds, speech
Habits & mannerisms Rocking, finger wringing....	Habits & mannerisms Rocking, finger wringing....
Body posture Normal, slumped, head control.....	Body posture Normal, slumped, head control.....




Plain language information leaflets

Pre-admission Assessment By CNSL ID

- Meet PWID, Family & Carers
- Discuss further assistance
- Clarify communication aids
- Staggered arrival time for surgery



Specific Needs ID Care Plan

- Person-centred planning
- Highlights specific needs
- Enhances health workers knowledge
- Enhances communication
- Available 24hrs prior to surgery



Communication Boards



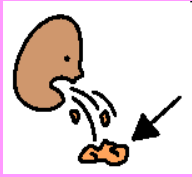
DO YOU HURT
YES NO



DO YOU WANT SOME
MEDICINE TO STOP YOU
HURTING
YES NO

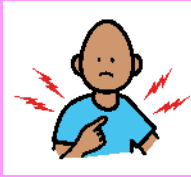


Communications Boards




DO YOU FEEL SICK

YES NO




DO YOU STILL HURT


YES NO




Makaton




Vomit
Sick




Pain
Sore



ILL
Unwell
Sick




Tablet




Education at MidCentral

- Acute Health Care – People with ID
- Primary Health Care – People with ID
- Dual Disability – ID & Mental Illness Programme
- Nature & Causation of Intellectual Disability
- Autistic Spectrum Disorder
- Focused programmes for different areas
- Guidelines for health professionals – ‘The Health Care Needs of People with Intellectual Disability’



Preliminary Results

- Experiences of PWID, families, carers and health professionals all positive
- Increase in referrals to Dental Unit for PWID
- Decrease in DNA for pre-admission appoint.
- Decrease in DNA for Day of Surgery
- DHBS requesting use of documentation



Conclusion

It is just the beginning

- Patient focussed outcomes
- Rolling out to all elective surgery
- Research project – Dental
- Outreach Pre-admission Clinic – Dental



Contact Details

Dina Cole
Clinical Nurse Specialist Lead Intellectual Disability
Palmerston North Hospital
Private Bag 11036
Ruahine Street
Palmerston North
DD 06 350 8839
06 356 9169 page 704
dina.cole@midcentraldhb.govt.nz

